



# 2025 Region 5 Championships

April 3 – April 6, 2025

Welcome to Michigan and the 2025 Region 5 Championships.

**Meet Director:** Russ Young – EPIC Gymnastics

**Location:** Lincoln Athletic Building  
7267 Willis Rd, Ypsilanti, MI 48197  
<https://www.lincolnathleticbuilding.com/>

Updated 3.5.25

**Qualification:**

Qualification Quota							
	IL	IN	KY	MI	OH	WI	WV
Level 4	52	16	7	32	35	14	2
Level 5	51	14	3	40	32	14	3
Level 6	No quota (all qualify)						
Level 7	25	14	12	34	27	20	1

Qualification is by level regardless of age. The top 6 Level 4's and 5's in each state will comprise the "State Elite Team" and compete on Sunday morning. The remainder will compete in the designated level sessions. Levels 6 and 8-10 have no quotas.

**Preliminary schedule:**

	Thu	Fri	Sat	Sun
AM		L6 + L6JE	L9 JN Jr	SET
Noon	TS	L8 JN	L10 JN Sr + L9 JN Sr	L4
PM	L7 JN	All JE	L10 JN Jr	L5

Fri schedule will finish approx 6pm.

Big 10 Championships at 7 pm

**\*All levels, except L10, will be divided into even age cohorts for awards.  
Age divisions will be announced as soon as all entries are received.**

**Entry:** \$160 compulsory and JN      \$175 Junior Elite      Teams \$30 each  
**ONE check per team to: United States Gymnastics Federation**

**Admissions:** Adults: \$15.00      Child (5-12): \$ 10.00  
Seniors (60+): \$10.00      Child (4 and under) – FREE

Thank you for being a part of the 2025 Region 5 Championships. We wish you all safe travels, fun, and success!  
See you all in Ann Arbor!

Kevin Chope, Region 5 Chairman